

Allen Conservatory of Dance

A free trial class is offered to ensure your dancer is enrolled in the best class for her educational needs

INTRODUCTION TO DANCE

Intro to Dance A: 3-4 year olds Monday 10:30-11:30 am

Intro to Dance B: 4-5 year olds Monday 3:30-4:30 pm

Intro to Dance A/B/C combined: 3-6 year olds Wednesday 4:00-5:00 pm

Intro to Dance C: 5-6 year olds Monday or Thursday 4:30-5:30 pm

This one hour class meets once a week. You may take one, two or three classes weekly

A combination of ballet, creative movement and tap. We introduce the fundamentals of dance to our youngest dancers in engaging, creative and imaginative ways.

Leotard: Eurotard 10527c in Lilac

Footed Tights: Bloch (Endura) T0981G in Pink

Ballet Shoes: So Danca SD16 in Light Pink

Tap Shoes: Bloch SO350G in Black

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

BALLET 1

Wednesday 5:00-6:00 pm

7-8 year olds

Age appropriate barre work is introduced. This class includes gentle stretching and ballet steps are put together to form choreography. Additional classes are available for more serious students.

Leotard: Eurotard 10527c in Purple

Footed Tights: Bloch (Endura) T0981G in Pink

Ballet Shoes: So Danca SD16 in Light Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

BALLET 2

Monday 5:00-6:00 pm

8 year olds with dance experience, and beginning 9-10 year olds

Age appropriate barre exercises with the focus on proper posture, alignment, and technique. Stretching exercises help dancers continue to improve their flexibility. New steps in center are introduced. Additional classes are available for more serious students.

Leotard: Eurotard 10527c in Navy

Footed Tights: Bloch (Endura) T0981G in Pink

Ballet Shoes: So Danca SD16 in Light Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

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BALLET 3

Monday and Wednesday 6:00-7:00 pm

9 year olds with ballet experience and beginning 10-12 year olds

Age appropriate barre exercises with the focus on proper posture, alignment, and technique. Stretching exercises help dancers continue to improve their flexibility. New steps in center are introduced. This class meets twice a week during the school year. Additional classes are available for more serious students.

Leotard: Eurotard 10527c in Forest

Footed Tights: Bloch (Endura) T0981G in Pink Child or T0920L in Pink Adult

Ballet Shoes: So Danca SD16 in Light Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

BALLET 4

Monday 5:30-7:00 pm

Tuesday 5:30-7:00 pm

Thursday 5:30-7:00 pm

An Intermediate level ballet class 10-11 year olds with ballet experience and older beginners.

Enrollment in this class is by audition only. This class meets three times a week. Minimum enrollment is twice a week and participation in recital requires attendance in the Thursday class. Additional classes are available for more serious students.

Leotard: Eurotard 10527c in Burgundy

Convertible Tights: Bloch (Adaptatoe) T0935L in Pink

Ballet Shoes: So Danca SD16 in Light Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

BALLET 5

Monday 5:30-7:00 pm

Tuesday 5:30- 7:00 pm

Thursday 5:30-7:00 pm

Saturday 9:00-10:30 am

Enrollment in this class is by audition only. This Intermediate/ Advanced class for ages 12 and up meets four times a week. Minimum enrollment is twice a week and participation in recital requires attendance in the Tuesday class. Additional classes are available for more serious students.

Leotard: Eurotard 10527c in Black

Convertible Tights: Bloch (Adaptatoe) T0935L in Pink

Ballet Shoes: So Danca SD16 in Light Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

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BALLET 6

Monday 7:00-8:30 pm

Wednesday 7:00-9:00 pm

Thursday 7:30-9:00 pm

Saturday 9:00-10:30 am

Enrollment in this class is by audition only. This Intermediate/ Advanced/ Pre-Professional class for ages 14 and up meets four times a week. Minimum enrollment is twice a week. Additional classes are available for more serious students.

Leotard: any style or color BALLETT leotard.

Convertible Tights: Bloch (Adaptatooe) T0935L in Pink. Shoes at this level are pointe, or de-shanked pointe shoes.

NO: booty shorts, black tights, leg warmers (except over injuries). Warm-ups may only be worn until you are warmed up.

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes. Shorts should be replaced by black tights at the upper levels.

Beginner Pointe

Tuesday and Thursday 7:00-7:30 pm

This class is by invitation only for those students deemed by the instructor as ready for pointe work.

Progressing Ballet Technique

Tuesday 5:00-5:30 pm

Required equipment: Exercise ball of appropriate size for height, Yoga mat, 7-10" diameter ball.

Barre & Turns

Friday 5:30-6:30 pm

A warm up barre followed by exercises designed to improve dancers' turns. 10 year olds and up

MODERN/ CONTEMPORARY

Contemporary A: 7-10 yr Monday 7:00-8:00 pm

Contemporary B: 9-12 yr Thursday 7:30-8:30 pm

Contemporary C: 12 and up Tuesday 7:30-9:00 pm

Contemporary C: 12 and up Wednesday 6:00-7:00 pm

ages 8 and up A fusion of modern/ lyrical/ jazz and ballet. Ages are guidelines only. Placement is by skill level as assessed by the instructor. Please consult with the teacher regarding her preferences on dress code.

BOYS: White T-Shirt, tucked in, black shorts, white socks, black ballet shoes.

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Hip Hop

Wednesday 5:00-6:00 pm

9 year olds and up

A comfy pair of tennis shoes only worn for class, we do not allow shoes worn outside onto our dance floors.

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