



2023-2024 School Year

INTRODUCTION TO DANCE

Intro to Dance B/C: 4-6 year olds Monday 4:30-5:30 pm

Intro to Dance B/C: 4-6 year olds Wednesday 6:00-7:00 pm

Intro to Dance A/ B /C combined: 3-6 year olds Wednesday 4:00-5:00 pm

This one-hour class meets once a week. You may take one, two or three classes weekly.

A combination of ballet, and creative movement. We introduce the fundamentals of dance to our youngest dancers in engaging, creative and imaginative ways.

Leotard: Revolution Camisole Dress RD20019 Pink

Footed Tights: Revolution Color-Flow Footed Tights 1000-1122 Classic Pink

Ballet Shoes: Revolution Stretch Ballet Shoe 150-157 Classic Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Ballet Shoe 150-157 Black.

BALLET 1 & 2

Monday 5:00- 6:00 pm

Wednesday 5:00-6:00 pm

7-8 year olds, and beginning 9-10 year olds

This one-hour class meets once a week. You may take one, or both classes weekly.

Age appropriate barre exercises are introduced, with the focus on proper posture, alignment, and technique. Stretching exercises help dancers continue to improve their flexibility. New steps in center are introduced and are put together to form choreography.

Leotard: Revolution Camisole Dress RD20019 Soft Lilac

Footed Tights: Revolution Color-Flow Footed Tights 1000-1122 Classic Pink

Ballet Shoes: Revolution Stretch Ballet Shoe 150-157 Classic Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Ballet Shoe 150-157 Black.

BALLET 3

Monday and Wednesday 6:00-7:00 pm

9 year olds with ballet experience and beginning 10-12 year olds

Age appropriate barre exercises with the focus on proper posture, alignment, and technique. Stretching exercises help dancers continue to improve their flexibility. New steps in center are introduced. This class meets twice a week during the school year. Additional classes are available for more serious students.

Leotard: Revolution Camisole Dress RD20019 Soft Blue

Footed Tights: Revolution Color-Flow Footed Tights 1000-1122 Classic Pink

Ballet Shoes: Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Ballet Shoe 150-157 Black.



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BALLET 4

Monday 5:30-7:00 pm (combined with Ballet 5)

Tuesday 5:30-7:00 pm

Thursday 5:30-7:00 pm

An Intermediate level ballet class for 10-11 year olds with ballet experience and older beginners.

Enrollment in this class is by audition only. This class meets three times a week. Minimum enrollment is twice a week and participation in recital requires attendance in the Thursday class. Additional classes are available for more serious students.

Leotard: Revolution Camisole Dress RD20019 Black

Convertible Tights: Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink

Ballet Shoes: Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Black.

Beginner Pointe

Tuesday and Thursday 7:00-7:30 pm

This class is by invitation only for those students deemed by the instructor as ready for pointe work.

BALLET 5

Monday 5:30- 7:00 pm (combined with Ballet 4)

Tuesday 5:30- 7:30 pm

Thursday 5:30-7:30 pm

Saturday 9:00-10:30 am (combined with Ballet 6)

Enrollment in this class is by audition only. This Intermediate/ Advanced class for ages 12 and up meets three times a week. Minimum enrollment is twice a week and participation in recital requires attendance in the Tuesday class.

Additional classes are available for more serious students.

Leotard: any style or color BALLETT leotard. A Black leotard is required for Master Classes.

Convertible Tights: Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink

Ballet Shoes: Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink

BOYS: White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401. Shorts should be replaced by black tights at the upper levels.



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BALLET 6

Monday 7:00-9:00 pm

Tuesday 7:00-9:00 pm

Wednesday 7:30-9:00 pm

Saturday 9:00-10:30 am (combined with Ballet 5)

Enrollment in this class is by audition only. This Intermediate/ Advanced/ Pre-Professional class for ages 14 and up meets three times a week. Minimum enrollment is twice a week. Additional classes are available for more serious students.

Leotard: any style or color BALLET leotard. A Black leotard is required for Master Classes.

Convertible Tights: Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink

Ballet Flats: Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink

Pointe Shoes at this level are pointe, or de-shanked pointe shoes.

NO: booty shorts, black tights, leg warmers (except over injuries). Warm-ups may only be worn until you are warmed up.

BOYS: White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401. Shorts should be replaced by black tights at the upper levels.

Body Conditioning for Dancers

Thursday 5:00- 5:30 pm

A series of exercises tailored to a dancer's need for the development and improvement of strength and flexibility. A yoga mat and thera-band/resist-a-band will be needed.

CONTEMPORARY

Contemporary A/B : 8-11 yr Monday 7:00-8:00 pm

Contemporary C: 12 and up Thursday 7:30-9:00 pm

A fusion of modern/ lyrical/ jazz and ballet. Ages are guidelines only. Placement is by skill level as assessed by the instructor. Please consult with the teacher regarding her preferences on dress code.

Beginning Teen /Adult Ballet

Wednesday 7:00-8:00 pm

It's never too late to start ballet! This class will teach the fundamentals of ballet at the barre, followed by stretching and center work **Please consult with the teacher regarding her preferences on dress code.**