



2025-2026 School Year

## INTRODUCTION TO DANCE

Intro to Dance 5 & 6 year olds Monday 6:00 - 7:00 PM

Intro to Dance 3-4 year olds Monday 4:00 – 5:00 PM

This one-hour class meets once a week. A combination of ballet, and creative movement. We introduce the fundamentals of dance to our youngest dancers in engaging, creative and imaginative ways.

**Leotard:** Revolution Camisole Dress RD20019 Pink

**Footed Tights:** Revolution Color-Flow Footed Tights 1000-1122 Classic Pink

**Ballet Shoes:** Revolution Stretch Ballet Shoe 150-157 Classic Pink

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Ballet Shoe 150-157 Black.

## BALLET 1 / 2

Monday 5:00 - 6:00 PM

Wednesday 5:00 - 6:00 PM

7-8 year olds, and beginning 9 - 10 year olds

This one-hour class meets once or twice a week. You may take one, or both classes weekly.

Age appropriate barre exercises are introduced, with the focus on proper posture, alignment, and technique. Stretching exercises help dancers continue to improve their flexibility. New steps in center are introduced and are put together to form choreography.

**Leotard:** Revolution Camisole Dress RD20019 Soft Lilac

**Footed Tights:** Revolution Color-Flow Footed Tights 1000-1122 Classic Pink , Natural, or Chestnut.

**Ballet Shoes:** Revolution Stretch Ballet Shoe 150-157 Classic Pink, Natural, or Chestnut. (match skin tone to tights and ballet shoes)

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Ballet Shoe 150-157 Black.

## BALLET 2/3

Monday 7:00 - 8:00 PM

Wednesday 6:00- 7:00 PM

8 - 9 year olds with ballet experience and beginning 10 - 11 year olds

Age appropriate barre exercises with the focus on proper posture, alignment, and technique. Stretching exercises help dancers continue to improve their flexibility. New steps in center are introduced. This class meets twice a week during the school year. Additional classes are available for more serious students.

**Leotard:** Revolution Camisole Dress RD20019 Soft Blue

**Footed Tights:** Revolution Color-Flow Footed Tights 1000-1122 Classic Pink, Natural, or Chestnut.

**Ballet Shoes:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut. (match skin tone to tights and ballet shoes)

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Ballet Shoe 150-157 Black.



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## BALLET 3/4

Wednesday 5:00 – 6:00 PM

An Intermediate level ballet class for 9-11 year olds with ballet experience and older beginners.

Enrollment in this class is by instructor placement only. This class should be taken in conjunction with either Ballet 2/3 or Ballet 4.

**Leotard:** Revolution Camisole Dress RD20019 Black

**Convertible Tights:** Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink, Natural, or Chestnut.

**Ballet Shoes:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut.  
(match skin tone to tights and ballet shoes)

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Black.

## BALLET 4

Tuesday 5:30 - 7:00 pm

An Intermediate level ballet class for 10 - 11 year olds with ballet experience and older beginners.

Enrollment in this class is by instructor placement only. This class should be taken in conjunction with Ballet 3/4 and/or Ballet 4/5 classes. Additional classes are available for more serious students.

**Leotard:** Revolution Camisole Dress RD20019 Black

**Convertible Tights:** Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink, Natural, or Chestnut.

**Ballet Shoes:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut.  
(match skin tone to tights and ballet shoes)

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Black.

## Beginner Pointe

Tuesday 7:00 - 7:30 PM

Wednesday 8:30 – 9:00 PM

This class is by invitation only for those students deemed by the instructor as ready for pointe work.

## BALLET 4/5

Monday 5:30 - 7:00 PM

Wednesday 7:00 – 8:30 PM

Enrollment in this class is by instructor placement only. This Intermediate/ Advanced class for ages 11 and up meets twice a week. Minimum enrollment is twice a week and may be taken in conjunction with Ballet 4 and/or Ballet 5. Additional classes are available for more serious students.

**Leotard:** any style or color BALLET leotard. A Black leotard is required for Master Classes.

**Convertible Tights:** Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink, Natural, or Chestnut.

**Ballet Shoes:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut.  
(match skin tone to tights and ballet shoes)



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**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401. Shorts should be replaced by black tights at the upper levels

## BALLET 5

Tuesday 5:30 - 7:30 pm

Enrollment in this class is by instructor placement only. This Intermediate/ Advanced class for ages 12 and up and may be taken in conjunction with Ballet 4/5 and/or Ballet 5/6.

Additional classes are available for more serious students.

**Leotard:** any style or color BALLET leotard. A Black leotard is required for Master Classes.

**Convertible Tights:** Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink, Natural, or Chestnut.

**Ballet Shoes:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut. (match skin tone to tights and ballet shoes)

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401. Shorts should be replaced by black tights at the upper levels

## BALLET 5/6

Thursday 5:30 – 7:00 PM

Saturday 9:00 - 10:30 AM

Enrollment in this class is by instructor placement only. This Intermediate/ Advanced/ Pre-Professional class for ages 13 and up. May be taken in conjunction with Ballet 5 and/or Ballet 6. Additional classes are available for more serious students.

**Leotard:** any style or color BALLET leotard. A Black leotard is required for Master Classes.

**Convertible Tights:** Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink, Natural, or Chestnut.

**Ballet Flats:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut. (match skin tone to tights and ballet shoes)

**Pointe Shoes** at this level are pointe, or de-shanked pointe shoes.

**NO:** booty shorts, black tights, leg warmers (except over injuries). Warm-ups may only be worn until you are warmed up.

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401. Shorts should be replaced by black tights at the upper levels.

## BALLET 6

Monday 7:00 - 9:00 pm

Tuesday 7:30 - 9:00 pm

Wednesday 7:00 - 9:00 pm

Saturday 9:00 - 10:30 am (combined with Ballet 5)

Enrollment in this class is by instructor placement only. This Intermediate/ Advanced/ Pre-Professional class for ages 14 and up. Should be taken in conjunction with Ballet 5/6 classes. Additional classes are available for more serious students.



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**Leotard:** any style or color BALLET leotard. A Black leotard is required for Master Classes.

**Convertible Tights:** Revolution Color-Flow Convertible Tights 1050-1422 Classic Pink, Natural, or Chestnut.

**Ballet Flats:** Revolution Stretch Canvas Dance Shoe RD013400 | RD013401 Classic Pink, Natural, or Chestnut. (match skin tone to tights and ballet shoes)

**Pointe Shoes** at this level are pointe, or de-shanked pointe shoes.

**NO:** booty shorts, black tights, leg warmers (except over injuries). Warm-ups may only be worn until you are warmed up.

**BOYS:** White T-Shirt, tucked in, black shorts, white socks, Revolution Stretch Canvas Dance Shoe RD013400 | RD013401. Shorts should be replaced by black tights at the upper levels.

## Body Conditioning for Dancers

Thursday 5:00 - 5:30 pm

A series of exercises tailored to a dancer's need for the development and improvement of strength and flexibility. A yoga mat and thera-band/resist-a-band will be needed.

## Turning Class

Tuesday 5:00 - 5:30 pm

A class for ages 9 and up focusing on improving balance and rotation in turns.

## CONTEMPORARY

Jazz/Contemporary A/B: 7 - 12 Thursday 6:15-7:00 pm

Advanced Contemporary: 12 and up Thursday 7:00-7:45 pm

A fusion of modern/ lyrical/ jazz and ballet. Ages are guidelines only. Placement is by skill level as assessed by the instructors.

Dress code attire is shorts or leggings, preferably black, along with a fitted top. No baggy t-shirts.

Footwear: Capezio Hanami Canvas Pirouette Shoes in color that best matches your skin color. These shoes are available at [discountdance.com](http://discountdance.com) or on [Amazon.com](http://Amazon.com).